

# UNICITY QUADPLEX



There's nothing quite like a good workout. When you're sweating and straining and pushing yourself to the limit, you realize just how much you're capable of. Every rep brings you closer to your goals and helps you achieve your vision for yourself. Afterwards, you can feel satisfied with your exhaustion and starting gearing up for your next workout.

that will help your body stay strong—including 25 grams of 100% whey protein per serving and 15 vitamins and minerals. It also contains a small amount of carbohydrates to refuel your muscles. Quadplex can help make sure your next workout is just as good as your last.

In order to keep having quality workouts, it's important to pay attention to your recovery. Quadplex is full of the ingredients

## BENEFITS

- Contains 25 grams of protein per serving, from 100% Whey Protein.
- Contains only natural sweeteners and flavors.
- Contains 15 vitamins and minerals to aid in energy metabolism, hydration, and immune support.\*

## SUGGESTED USE

- Mix two scoops with 10-12 fl. Oz. of cold water, soy milk, or low-fat milk once per day.
- Shake or stir to blend completely.

## AUDIENCE

- Primary Target: People looking to facilitate their workout recovery.
- Secondary Target: Individuals wanting a quality protein powder without filler protein sources.

## Supplement Facts

	Amount Per Serving	% Daily Value*
Calories	150	
Calories from Fat	20	
Total Fat	2.5 g	4%*
Saturated Fat	1.5 g	5%*
Cholesterol	50 mg	17%*
Total Carbohydrate	5 g	2%*
Sugars	4 g	†
Protein	25 g	
Vitamin A (as palmitate)	710 IU	14%
Vitamin D (as cholecalciferol)	70 IU	18%
Thiamin (as thiamin hydrochloride)	0.3 mg	20%
Riboflavin	0.4 mg	24%
Niacin (as niacinamide)	5 mg	25%
Vitamin B6 (as pyridoxine hydrochloride)	0.4 mg	20%
Folate (as folic acid)	50 mcg	13%
Vitamin B12 (as cyanocobalamin)	0.4 mcg	7%
Biotin	35 mcg	12%
Pantothenic Acid (as calcium d-pantothenate)	1.4 mg	14%
Zinc (as zinc citrate)	5 mg	33%
Sodium (as sodium citrate and sodium chloride)	250 mg	10%
Potassium (as potassium citrate)	70 mg	2%
L-Leucine	1000 mg	†
L-Glutamine	1000 mg	†
L-Isoleucine	200 mg	†
L-Valine	200 mg	†

\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

## OTHER INGREDIENTS

Whey Protein Concentrate, Natural Flavors, Whey Protein Isolate, Medium Chain Triglycerides, Xanthan Gum, Stevia Extract, Bacillus Coagulans.

Contains: Milk and Soy.